

Breakfast

All breakfasts are available with Gluten Free Bread

Low Fat & Light Breakfast

Toasted Banana Bread	6.95
Served with butter	
Toast with preserves	6.95
Your choice of thick white, wholemeal, turkish bread or raisin toast	
Fresh Fruit Plate (GF)	½ serve 8.95 Full Serve 15.95
Selection of fresh seasonal fruit, natural yoghurt and honey	
Croissant	
With preserves	8.95
With ham, cheese and tomato	9.95
With bacon and egg	11.95

Bircher Muesli (GF) 11.95
Toasted muesli, soaked in a mixture of fruit juices and yoghurt with fresh and dried fruits; drizzled with honey

Vegetarian Sage Sauté 14.95
Pan-fried roma tomatoes, mushrooms, basil, Spanish onion, baby spinach, garlic and olive oil. Served with toasted turkish bread and topped with shaved parmesan cheese

Breakfast Sandwiches, Bagels and Toasties

Bacon Buddy 14.95
Crispy bacon, rocket lettuce, tomato and basil pesto mayonnaise between a toasted bagel

Veg Out 12.95
Roasted pumpkin, rocket lettuce, semi dried tomato, caramelized onion and sliced Swiss cheese between a toasted bagel

Open Bagel 16.95
Cream cheese, smoked salmon, capers and spanish onion

Savoury Beef Mince 15.95
Pan fried premium beef mince with carrot, onion, celery, green pea's & tomato napoli sauce & topped with shaved parmesan cheese

Bacon, Eggs and Grilled Things

Two Eggs 9.95
Cooked any way you like, served with toast and chutney

Bacon and Eggs 12.95
With roasted roma tomatoes and your choice of toast

Eggs Benedict with spinach served on an English Muffin

With ham	14.95
With avocado	14.95
With bacon	15.95
With smoked salmon	16.95

Omelette with Toast 14.95
A light, fluffy omelette with ham, cheese, shallots, roma tomato and spanish onion

Super Big Breakfast 15.95
Two eggs cooked any style, served with bacon, sausages, roasted roma tomato, hash browns and toast

Something Sweet

Pancakes

With grilled banana, maple syrup and ice cream	13.95
With berry compote and ice cream	14.95

Sides - and now for a little extra!!

<u>2.95</u>	<u>3.95</u>	<u>4.95</u>	<u>½ Serve of Toast - 3.95</u>
Baked Beans	Field Mushrooms	Smoked Salmon	White
Roasted Roma Tomatoes	Hash Browns	Bacon	Wholemeal
Scrambled Egg Whites	Avocado	Sausages	Turkish
Extra Egg	Sautéed Baby Spinach	Savoury Beef Mince	Raisin
Hollandaise Sauce			

GF = Gluten Free

One account per table please

15% surcharge on public holidays.